

Dress Requirements Miss AMS 2026

Dresses must be full-length gowns.

Your ankles and feet should not show. Length should graze the floor. Shoes can peek out, especially while walking, but should not be on display. (This is something that judges have commented on & will take away points.)

Ballgowns, Mermaid, Trumpet, A-Line, Straight etc. are all permitted.

NO hoops of any kind. Tulle crinolines are allowed. (Dresses cannot be over 3ft front to back or side to side. We do not have room for them. You absolutely can not have a hoop)

They CAN be strapless (Please make sure they are tight fitting in the bodice if strapless)

They CAN have spaghetti straps.

No trains, but if you have a train it must be bustled.

Dresses cannot drag/puddle on the floor at all. It is unsafe for you and the other girls. This includes capes or any other item touching the floor.

No hi-low dresses

No two-piece dresses

No backless dresses

No lower than 1 inch from where the bottom of your bra strap would hit (Due to the nature of keeping the dress up, sometime the sweetheart bodice will come to a lower point in the back and most are okay, check with us if there is a question.)

If the back is a see-through material, or thin corset ribbon you must have a modesty panel, most dresses come with one, or bandeau/tube top underneath works too.

See through

See through material is okay on shoulder, arms, necks. It is not okay on the torso.

No cutouts or leg slits

A cutout that has a see-through material behind it is still a cutout and not allowed. No leg slits allowed.

They cannot plunge in the front.

A sweetheart neckline is fine, it just cannot plunge down.

You will not be allowed on stage if these rules are broken.



It will be the discretion of the chairpersons/administration if a dress is ill-fitting and inappropriate for the pageant. Please submit a picture of your contestant in the dress with shoes on, full length, front and back on REMIND by February 28th. You must wear the same dress you submit to the mandatory dress rehearsal and pageant. (We will let you know if there are any problems and help you to come up with a solution.)

Consignment/secondhand stores & Facebook Marketplace are great resources for (once worn/great priced) beautiful dresses! Do not feel you need to go to a "pageant" shop. (We have a dress sale scheduled for January)

****8th grade will have to change clothes for their dance. Please keep this in mind when purchasing your dress. You will need black leggings, and a white button-down long sleeve shirt.

If you have any questions on a dress message us on Remind, Facebook or Instagram *before* you buy the dress! We are always available to help you.